

# DID YOU KNOW?

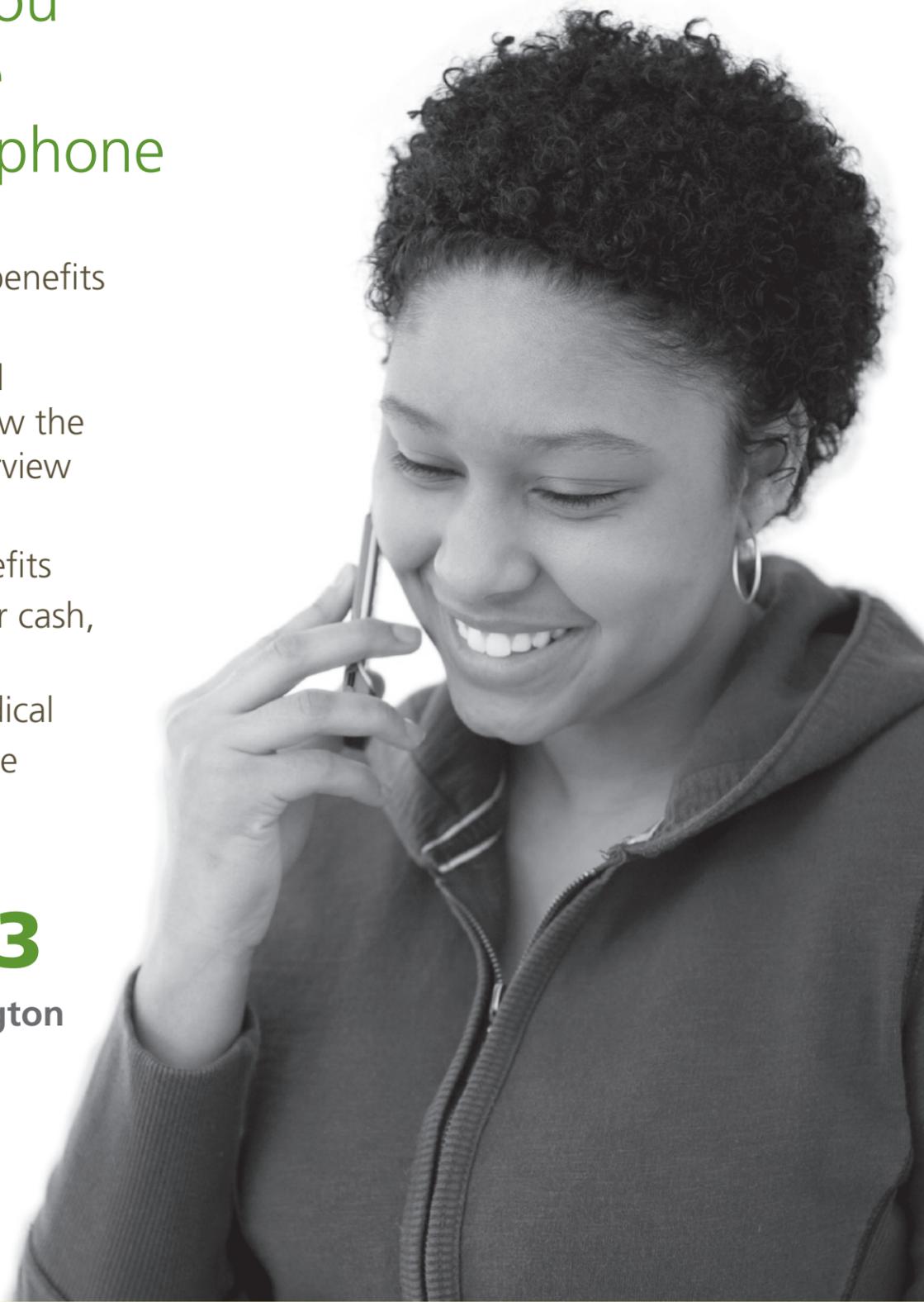
Most of the services you receive from DSHS are available online or by phone

**By calling us you can:**

- Get information about any of your benefits
- Apply for child care
- Have your interview for cash or food
  - Press 1 (food) or 2 (cash) and follow the instructions to complete your interview by phone
- Report changes for any of your benefits
- Do your Mid-Certification Review for cash, food or medical - no forms!
- Do your review for child care or medical
- Access our automated Answer Phone system 24 hours a day

**1 (877) 501-2233**

Call us toll free anywhere in Washington  
Monday – Friday  
8 am to 5 pm for live service



Need to apply, submit your review paperwork or report a change?  
Do it online anytime, anyplace!

**Apply Online** HERE

<http://onlineapp.dshs.wa.gov>



D S H S   C O M M U N I T Y   S E R V I C E S

**CUSTOMER CONNECTION**

Washington State Department of Social and Health Services

DSHS 24-391(X) (7/10)