



**My name is Emily,
and in seven years
I'll be an alcoholic.**

I'll start drinking in eighth grade,
and I'll do some things I don't really want to do.
So by the time my parents talk to me about it,
alcohol won't be my only problem.

START TALKING BEFORE THEY START DRINKING

Kids who drink before age 15 are 5 times more likely to have alcohol problems when they're adults.
To learn more, go to www.StartTalkingNow.org or call 1.800.662.9111



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
www.samhsa.gov

