Basic Food Employment and Training (BFET)

Welcome to the Basic Food Employment and Training (BFET) program. The BFET program is a partnership between the Department of Social and Health Services (DSHS), community agencies and colleges to provide you with employment and training services.

BFET
Basic Food Employment & Training

Washington State Department of Social & Health Services

Transforming lives

DSHS 22-1578 (11/14)

This institution is an equal opportunity provider.

What you need to know

What can this program help you do?

Some things BFET may help you do are:

- Write an effective resume;
- Improve your interviewing skills;
- Start a career;
- Improve your English, reading, writing and math in Adult Basic Education (ABE);
- Get your high school equivalency;
- Learn new job skills in professional, technical or vocational programs.

Other Services that BFET may help with:

(NOTE: Not all services available at all locations)

- Qualifying for child care subsidies;
- Connecting you with other community resources;
- Paying for transportation, books, work/training clothes related to your employment and training goals;
- Post-employment support.

What are some of your responsibilities?

- Follow your Individual Employment Plan that you created with your BFET case manager;
- Communicate with your BFET Case Manager at least once a month;
- Keep your Basic Food Assistance open by completing your reviews and reporting changes on time;
- If you are in college, apply for financial aid (FAFSA) and maintain satisfactory grades.

What can BFET not help with?

- Transfer degrees;
- 4-year degrees;
- Paid internships or work study.

Community Resource Websites

- Washington Connection
  www.waconnection.org/home/exploreoptions.go
- Washington Information Network 211
  win211.org
- Health care coverage
  www.wahealthplanfinder.org
- BFET main website
  www.basicfoodet.org/clients