**Do you live in a nursing home and want to get help moving back into the community?**

Your interest in
*Roads to Community Living*
is important to us.

*Call* For more information on this and other transition programs

**Or visit our website:**
**www.adsa.dshs.wa.gov/professional/roads/**

Washington State Department of Social & Health Services
ADSA Aging & Disability Services Administration
DSHS 22-1297X (Rev. 10/13)

# *Roads to Community Living*

## Helping People Living in Nursing Homes Return to Their Community

Washington State Department of Social and Health Services
Aging and Disability Services Administration

# Roads to Community Living

## What is Roads to Community Living?

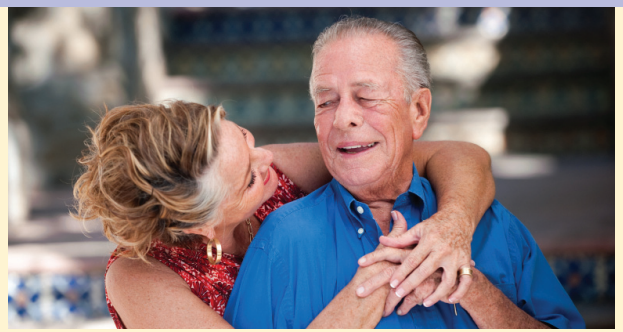
*Roads to Community Living* is part of a national program called *Money Follows the Person*.

Through this program, Washington State is exploring what services and support help people with complex, long-term care needs successfully move from institutions such as nursing homes back into the community.

If you are eligible and want to participate in the program, you may:

- Receive intensive one-on-one help to develop a transition plan with the services and support you need to move back into the community.
- Have access to additional services and support not currently available through existing programs.

  These may be one-time-only expenditures or services needed during your move and transition back into the community.



## Who Can Participate in the Program?

*Roads to Community Living* is for anyone:

- Living in a nursing facility for three months or longer.
- Receiving Medicaid to pay for care.

***"It took six months and a lot of hard work. With the support from the Roads to Community Living team, I'm back home!"***

## What Kinds of Services and Support May Be Available?

- Help finding and setting up appropriate affordable housing.
- Life skills training or consulting services to help prepare you to live in the community again.
- Problem solving and behavior management skills training if challenging behaviors may jeopardize moving or remaining in the community.
- Assistive technology and durable medical equipment.
- A service animal.
- Training, education, or support for family and other caregivers.
- Mental health or substance abuse consultation or services.