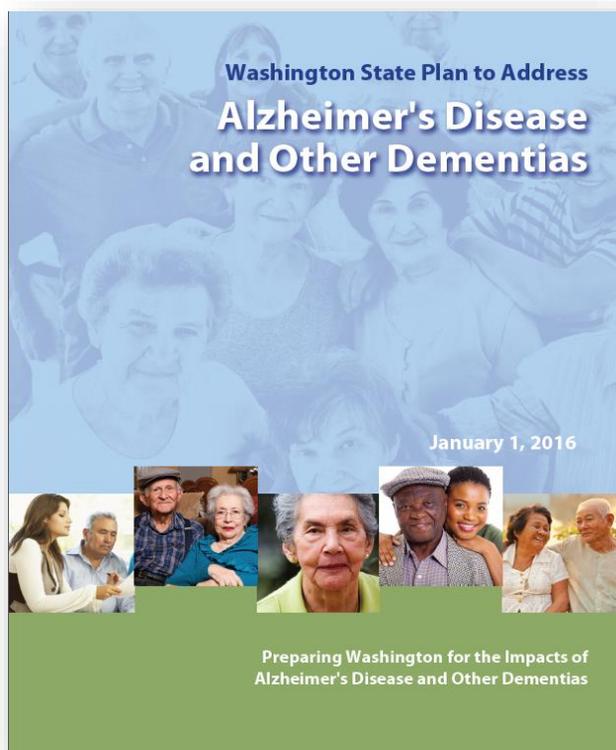


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# Dementia Action Collaborative

Progress Update: April 2016 to December 2018



## Introduction

In 2014, legislation established an Alzheimer’s Disease Working Group (ADWG) to create a state plan to address Alzheimer’s disease. This plan, released in January 2016 identifies goals, strategies and recommendations as a starting point to prepare for the future. The ADWG developed the first [Washington State Plan to Address Alzheimer's Disease and Other Dementias](#) as a public-private partnership. The plan’s implementation – including action planning, next steps, and policy changes – depends upon the participation and contributions of a broad group of committed partners.

## What is the Dementia Action Collaborative?

Members of the ADWG called for the formation of a next generation workgroup to implement it. This group is now known as the Dementia Action Collaborative (DAC) - a voluntary statewide collaboration of partners committed to preparing our state for the future. The DAC includes a range of appointed members – people with dementia, family caregivers, representatives of advocacy groups, the aging network, Alzheimer’s organizations, long-term care providers, health care professionals, legislators and governmental agencies. The DAC has 4 subcommittees: Public Awareness/Community Readiness, Health and Medical, Long Term Supports and Services, and Advocacy.

## What are the goals of the plan?

The purpose of the plan is to promote strategic actions that will prepare Washington State for the future.

The high-level goals are shown at right. See [State Plan](#) for more detail on specific strategies and recommendations.

## What’s been accomplished so far?

With no dedicated funding for this effort up to this point, the DAC has focused on actions that could be accomplished through heightened collaboration and existing resources. This report shares activity and accomplishments through 2018.



**NOTE:** Throughout this document a recommendation with an open box (☐) has been initiated and is ‘in process’; a recommendation with a checked box (☑) is considered completed.

## Goal 1: Increase public awareness, engagement and education

**Recommendation 1.A.1:** Establish a work group to develop, launch, and oversee a single web-based “point of access” portal/website linking to a comprehensive statewide array of credible and validated information, resources and supports.

**Connects to Recommendation 1.E.3:** Publicize and promote the online point-of-access portal (See 1.A.1), as well as other points of access (e.g., dementia care navigators, toll free number) for services and supports for persons with dementia and their family caregivers. Utilize social media to build public awareness of available resources.

### Year End Accomplishments 2018:

- This team elected to build upon/enhance a statewide website, Community Living Connections (CLC), which had an AD/dementia page and the capacity to link users to local services. It is maintained by Aging and Long Term Support Administration through a private vendor. Based on review of the ADWG survey, the team determined potential enhancements to the CLC site and coordinated with the CLC program manager at AL TSA to enhance webpage content.
- Remaining enhancements to the CLC website dementia page were completed and forwarded for review and implementation.
- A new URL (memorylossinfova.org) was established and efforts were initiated to disseminate it including developing a flyer for the September DAC meeting.
- A rough draft communications plan was prepared.

**Status:** 1.A.1 is COMPLETED; 1.E.3 Continues

### 2019 Timeline, for 1.E.3:

- January: Final enhancement requests will be sent to DSHS website vendor liaison
- May: Form Communication Plan group with Department of Health (DOH), create a draft plan, present the draft plan to the DAC and incorporate recommendations from DAC into plan.
- April: Develop final sustainability plan for review.

### Ongoing work:

- Use the Communications Plan to disseminate the new URL.
- Follow through with the sustainability plan for the CLC Dementia Page.

**Project Team:** Team Lead: Jan Higman, Joel Loiacono; Members: Debbie Hunter, Cheryl Townsend Winter, Dave Budd

**□ Recommendation 1.B.1: Promote positive images and messages of persons with dementia and their caregivers to combat stigma and increase societal acceptance and integration**

**Year End Accomplishment 2018:**

- Selected 4 action projects:
  - a) Dementia Friends pilot/evaluation
  - b) Positive images of persons with dementia – children’s book list
  - c) Positive images Art Exhibit in Olympia in conjunction with Alzheimer’s Advocacy Day
  - d) Value of Diagnosis/Living with Dementia Video Project
- The Dementia Friend’s progress has included purchasing a Dementia Friends license, locating 15 trainers in Yakima and King Counties, establishing partnerships for venues, printing and funding, developing a research team and research tools/methods for evaluating the program.
- Positive images children’s book list is in progress.
- The Art Exhibit is planned in conjunction with February 19<sup>th</sup> Alzheimer’s Advocacy Day in Olympia.
- The video project is scheduled for completion by end February.

**2019 Timeline:**

- February: Complete Positive Images Art Exhibit
- February: Complete Value of Diagnosis/Living with Dementia Video project
- June: Complete children’s book list project
- September: Complete Dementia Friends pilot project
- December: Review and compare outcomes of projects; define long-term success and create implementation for 2020 onward.

**Greatest Challenge:**

Multiple projects in the works which means fewer team members to work on each one.

**Project Team:** Team Lead: Marigrace Becker Members: Alisa Tirado Strayer, Hilarie Hauptman, Cathy MacCaul, Marty Richards, Lynne Korte



□ **Recommendation 1.D.1:** Educate the public about the need for advance care and end-of-life planning, before cognitive function declines, consistent with the Bree Collaborative End of Life Care Recommendations.

□ **Recommendation 1.D.2:** Educate the public and caregivers about the need for legal and financial planning – and the importance of obtaining legal and financial advice as a planning tool.

□ **Connects with Recommendation 3.C.1:** Make more readily available appropriate forms for legal planning such as Durable Power of Attorney for Health Care, Durable Power of Attorney for Finances, Advance Directives, and information about a Physical Order for Life Sustaining Treatment (POLST) at no cost to consumers through public libraries, resource centers, online, and other appropriate locations.

#### **Year End Accomplishments 2018:**

- In 2016/17 included information around the need for legal, financial and advance care planning in the Dementia Road Map (See Rec 4A1), Bree’s Alzheimer’s and Other Dementia Report and Recommendations (See Rec 5A1), and Community Health Worker training module (See Rec 3A1).
- Formed expert project team with expertise to identify needs and priorities for information and education (see below). Investigated resources to see what is currently available and gaps in information or education related to recommendations.
- Gained commitment from Executive Committee of Washington State Bar Association Elder Law Section on this issue.
- Created a potential legislative ask for a low-bono/pro-bono clinic to increase availability of supports for legal and advance care planning.
- Established contract and contractor to create a consumer-oriented Dementia Legal Tool/Info Kit.

**Status:** In progress

#### **2019 Timeline:**

- May: Draft of dementia legal toolkit for full DAC review
- December:
  - a) Finalize the legal toolkit including educational content, develop template/downloadable forms, develop tools as needed, and identify list of applicable resources.
  - b) Develop dissemination plans for the tool kit including making it available on the CLC website and available in print.
  - c) Provide information/material resources to be added into DAC’s Dementia Roadmap.
  - d) Consider training for attorneys offering assistance whose regular practice does not focus on dementia to include CLEs.
- Possible initiation of projects to develop standardized forms.
- Video – Lisa Brodoff & Alzheimer’s Advance Directive as time permits.

**Challenge:** This is a team of very busy participants so all of their work is being done by monthly conference calling.

**Project Team:** Lead: Carla Calogero Members: Caroline Wood, Katie Denmark, Bruce Smith, Debbie Hunter, Myriam Marquez, Lisa Ellen Brodoff, Marie Eaton, Meredith Childers, Lori Ichimura, Hilarie Hauptman

□ **Recommendation 1.F.1:** Inform and educate the public about healthy aging, including links between brain health and nutrition, exercise, stress management and oral health/periodontal disease.

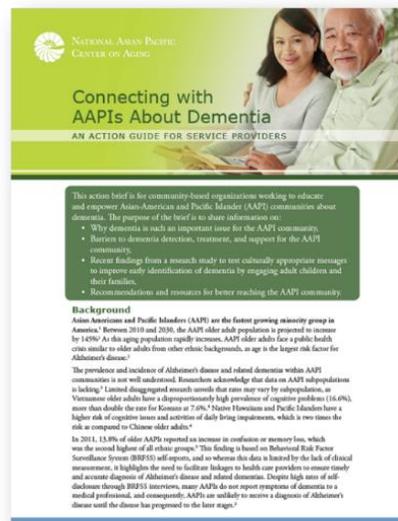
□ **Connects with Recommendation 2.D.2:** Work with the UW Healthy Brain Research Network (HBRN) and other partners to develop evidence-based public messages around promoting healthy aging and brain health, while ensuring messages are culturally/ethnically appropriate and designed to reach statewide populations including persons with limited English.

### Year End Accomplishments 2018:

- Disseminated evidence-based messages about preserving brain health and useful resources to African Americans, via Seattle area churches in partnership with nonprofit Center for Multi-Cultural Health.
- Six focus groups were conducted in 2016/17 with Chinese and Japanese adults with older relatives via the National Asian Pacific Center on Aging (NAPCA) partnering with the UW Healthy Brain Research Network to consider the acceptability of messages concerned about cognitive health. This year, the Action Guides were presented to more than 800 area providers in more than 46 organizations. See the NAPCA created Action Guides for Service Providers and Policy Makers:

<http://depts.washington.edu/hprc/resources/products-tools/aapi-dementia-action-guide/>

- The two efforts above were featured in the new *Healthy Brain Initiative, State and Local Public Health Partnerships to Address Dementia: The 2018-2023 Road Map* which can be seen at <https://www.cdc.gov/aging/pdf/2018-2023-Road-Map-508.pdf>
- DOH webpage on dementia went live. See this at: <https://www.doh.wa.gov/YouandYourFamily/HealthyAging/AlzheimersDiseaseandDementia>



**Status:** Ongoing

### 2019 Timeline:

- June: Fine tune the new Department of Health (DOH) dementia web page.
- Ongoing: Work to have content about healthy aging and its connection with dementia in state improvement plan (which guides DOH strategic plan).

**Project Team:** Team lead: Marci Getz and Basia Belza; Members: Lynne Korte, Myriam Marquez, Kathy Lofy Ingrid MacDonald Ulrey, K'aimi Sinclair

## Goal 2: Prepare communities for significant growth in the dementia population

**□ Recommendation 2.A.2:** Implement the Behavioral Risk Factor Surveillance System (BRFSS) cognitive and caregiver modules at least once every three years.

### Year End Accomplishments 2018:

- BRFSS Cognitive Module was fielded in 2016, and reports are being finalized.
- Applied to DOH to include full BRFSS Caregiver Module, but request denied due to number of questions.
- One question related to prevalence of caregiving was included in 2017 BRFSS (ALISA/Older Americans Act funds).

**Status:** Ongoing

### 2019 Timeline:

- January - March:
  - Review 2016 Cognitive Module data, determine usefulness for future efforts.
  - Determine who will analyze the 2017 Caregiver question data.
- January - May: Work with DOH to consider use of both modules for potential inclusion in the future; Cognitive Module (in 2019 or 2020) and Caregiver Module (in 2021 or 2022). This is a recommendation in the *Healthy Brain Initiative, State and Local Public Health Partnerships to Address Dementia: The 2018-2023 Road Map* can be seen at <https://www.cdc.gov/aging/pdf/2018-2023-Road-Map-508.pdf>

**Project Team:** Peter Newbould, Marci Getz, Susan Engels, Lynne Korte

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**□ Recommendation 2.B.1:** Integrate goals and objectives related to cognitive impairment, memory loss and dementia into local and state governmental agencies' strategic plans. Such plans include state and area plans on aging, coordinated chronic disease management, falls prevention and emergency preparedness, transportation, and the Washington State Plan for Healthy Communities.

### Year End Accomplishments 2018:

- Developed list of state/local/regional agencies with information about strategic plan timing, contact person, URL to their strategic plan & any notations on anything currently related to dementia in those plans. Prioritized agencies assigned for follow up.
- Developed a Project Brief for use with agency contacts.
- Included several strategies and recommendations of AD Plan into Washington State Plan on Aging <https://www.dshs.wa.gov/sites/default/files/ALISA/stakeholders/documents/agingplan/Wash%20State%20Plan%20on%20Aging.pdf>

**Status:** In process

**2019 Timeline:**

- January - April: Integrate the task of including dementia as an issue into state plans into the part-time positions provided by the legislature in 2017.
- June: DAC staff will identify potential state plans for inclusion, including their timelines and processes.
- June: DAC staff will consider other plans that may benefit from including dementia e.g. Area Agency on Aging “Area Plans”, WA State VA, etc.

**Project Team:** Lynne Korte, Cheryl Townsend-Winter, Kim Boon, Marci Getz, Jamie Teuteberg

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**Recommendation 2.C.1: Review emerging models/movements of livable, age-friendly and dementia-friendly communities, and determine elements most critical to developing dementia-friendly communities in Washington State.**

**Year End Accomplishments 2018:**

- Disseminated [Dementia Friendly Communities fact sheet](#) developed in 2016 to more than 16 statewide groups/associations.
- Created and presented workshop on dementia-friendly library practices to Washington State Library Association for second year, and at Washington State Physical Therapy Association Conference
- Engaged with recreation associations and YMCA’s as a new statewide association, including a group of King County YMCA directors
- Conducted statewide survey investigating specific interests in dementia-friendly topics and networking, with more than 200 responses – leading to development of first statewide networking event (webinar) scheduled for 2018.
- In partnership with LTSS project team offered quarterly dementia-friendly program webinars with follow-up networking opportunities, in partnership with DAC early stage programs team which attracted 392 registrants. See Recs 4C2/4E1.

**Status:** COMPLETED

**2019 Timeline, ongoing work:**

- January - March: Determine plans for additional dementia-friendly program webinars.
- June: Dementia Friends training and sessions throughout winter and spring
- April: Present at Washington State Recreation Professionals Association Conference.
- November: Determine plans for a Dementia Friendly conference/summit in 2020.
- December: Present at one or more YMCA Trainings.
- Ongoing:
  - a. Work with Joint Early Stage project team from LTSS Subcommittee to help expand early stage programs.

- b. Continue to support Puyallup, Seattle Age-Friendly / Dementia-Friendly Integration as needed: there is potential to work with Age-Friendly Seattle on Dementia Friends pilot.
- c. Incorporate libraries into general work where possible (Webinars, Recommendation 1.B.1 work)

**Challenge:** While requiring collaboration, this effort may take some funding to provide support necessary to expand beyond current state.

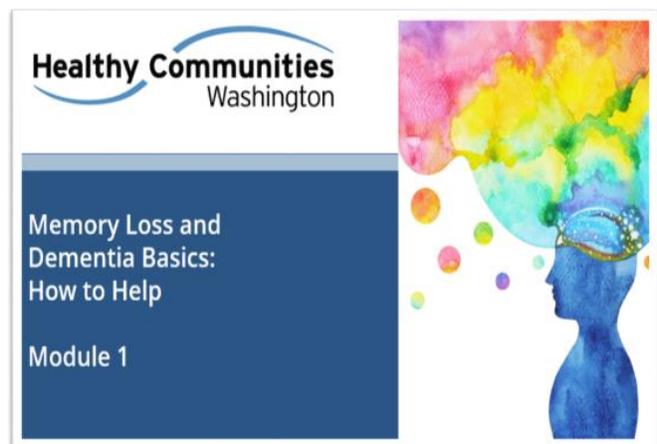
**Project Team:** Lead: Marigrace Becker; Members: Hilarie Hauptman, Cathy Knight, Lynne Korte, Cathy MacCaul, Marty Richards, Jon Rudicil

### Goal 3: Ensure well-being and safety of people living with dementia and their family

**Recommendation 3.A.1:** Incorporate content about dementia (warning signs, the importance of early detection and diagnosis), the heightened risk of abuse, neglect, and exploitation; and about community resources into the Community Health Worker training.

#### Year End Accomplishments 2018:

- Engaged Department of Health (DOH) program manager for Community Health Worker (CHW) training in 2017 to determine need for, potential formats, and costs of such a training.
- Identified funding to develop a training module for CHWs through AL TSA’s federal Dementia Capable Systems grant and Older Americans Act.
- Developed contract with DOH, and online training system developer (Talance) to complete work, utilizing subject matter experts to determine content for self-paced online training module on Memory Loss and Dementia for CHWs.
- DOH completed and launched the self-paced, optional Memory Loss and Dementia training module to CHWs statewide in June and December 2018.



**Status:** COMPLETED

#### Ongoing:

- The Memory Loss and Dementia training module will be scheduled and available two times a year for CHWs statewide who have completed the core CHW training.

**Project Team:** Scott Carlson, Lynne Korte, Joanne Maher

**☑ Recommendation 3.B.1:** Compile and make accessible educational materials about ways to improve safety for people with dementia. Information may address fall prevention, wandering, disaster preparedness, and home safety assessments.

**Year End Accomplishments 2017:**

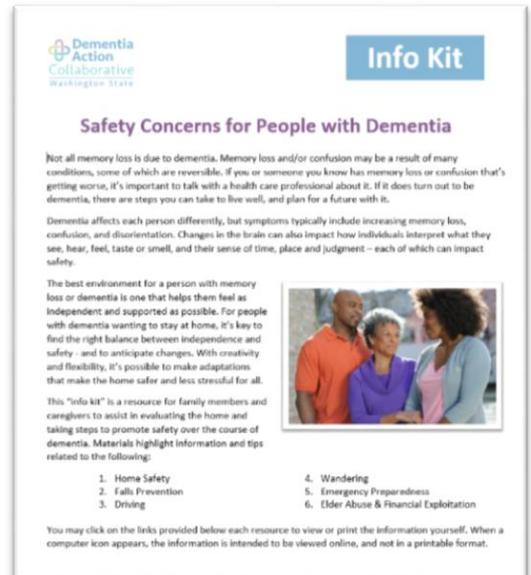
- In 2016/17, investigated what is currently available re: safety for dementia that is targeted to families living with dementia, prioritized most relevant, and determined criteria for inclusion in an “info kit”. Finalized online [Dementia Safety Info Kit](#) (a compilation of best, credible documents available via PDF and websites).
- Disseminated through DAC partners, re: awareness of these materials.

**Status:** COMPLETED

**Ongoing work:**

- Review/update once per year.
- Disseminate as possible via partners and webpages.

**Project Team:** Lynne Korte, Bob Wellington, Dave Budd



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**☐ Recommendation 3.C.1:** Make more readily available appropriate forms for legal planning such as Durable Power of Attorney for Health Care, Durable Power of Attorney for Finances, Advance Directives, and information about a Physical Order for Life Sustaining Treatment (POLST) at no cost to consumers through public libraries, resource centers, online, and other appropriate locations.

**Year End Accomplishments 2018:**

- Connected with work on Recommendations 1.D.1 and 1.C.2.
- See project team activities listed under Goal 1

## Goal 4: Ensure access to comprehensive supports for family caregivers

☑ **Recommendation 4.A.1:** Create a Washington State-specific “roadmap” for family caregivers providing information about what to expect over time to help plan for the future.

### Year End Accomplishments 2018:

- Disseminated the [Dementia Road Map: A Guide for Family and Care Partners](#) widely through DAC network for placement on websites.
- Secured funding for printing of booklets (Older Americans Act and Alzheimer’s Association).
- Disseminated nearly 40,000 booklets to organizations and caregivers across Washington State.
- Garnered funding (Older Americans Act) for translation into Spanish

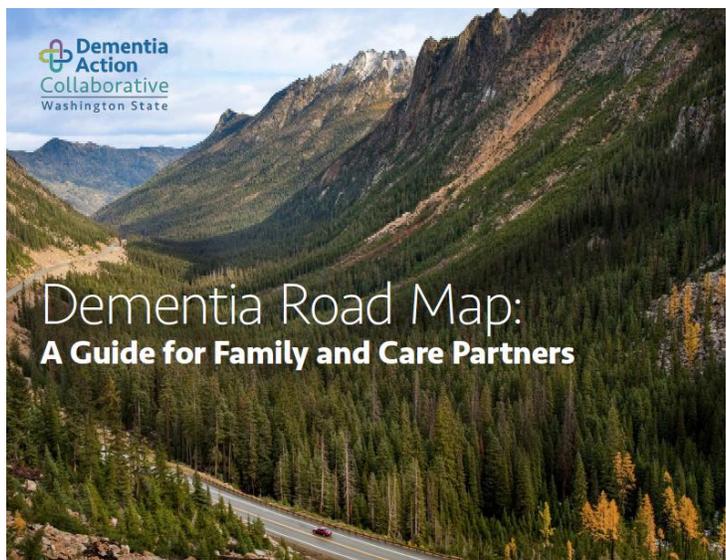
**Status:** COMPLETED (PDF and print versions)

### 2019 Timeline:

- March: Determine plan for cultural/language translation into Spanish
- June: Determine funding to sustain availability of print version
- December: Complete Spanish language translation, consider next language translation.

### Ongoing Work:

- Maintain content of Dementia Road Map, updating links as needed.
- Respond to requests for paper copies, packaging/shipping.
- Consider/determine potential elements of interactive online version, and costs for development.



**Greatest Challenge:** Sustainability of Dementia Roadmap in printed and online versions.

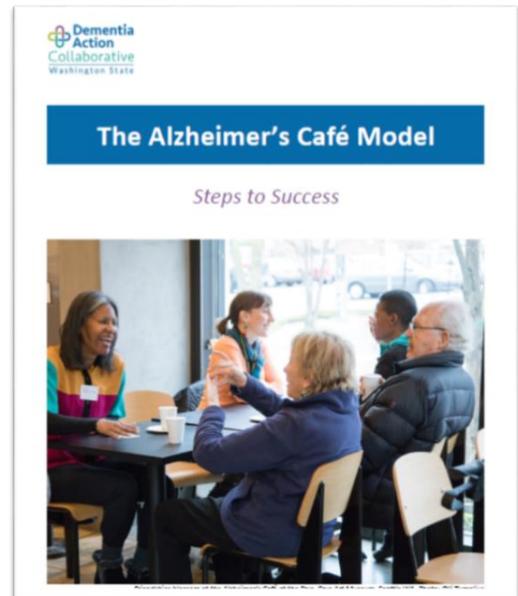
**Project Team:** Lead: Todd Larson; Members: Cindy Balbuena, Kim Boon, Lynne Korte, Jerry Reilly, Lauri St. Ours, Rep. Steve Tharinger

□ **Recommendations 4.C.2:** Expand and promote implementation of early stage memory loss groups for people with cognitive impairment/dementia and their care partners.

□ **Recommendation 4.E.1:** Develop information about models of social engagement such as Alzheimer’s Cafes, Zoo Walks, Museum/Arts (“here:now”) programs, etc.

**Year End Accomplishments 2018:**

- Piloted an evidence-informed ESML model developed by the University of Washington (UW) called Staying Connected in 5 Area Agencies on Aging, with federal grant funding. Developed contract with Alzheimer’s Association to continue offering leader training for this program.
- Identified programs that might be expanded through collaboration and within existing resources, e.g., Alzheimer’s Cafes, Walking Programs, and developed plan for promoting these models through networking opportunities.
- Developed written guidance documents for “Starting an Alzheimer’s Café” and “Dementia Friendly Walking Groups”.  
<https://www.dshs.wa.gov/altsa/dementia-action-collaborative>
- Offered four dementia-friendly program webinars with follow-up networking opportunities, in partnership with DAC early stage programs team which attracted nearly 400 registrants from across the state. You may access recordings at:  
<https://www.dshs.wa.gov/altsa/dementia-action-collaborative>



**Status:** In process

**2019 Timeline:**

- January – March: Work with LTSS joint team to determine plans for additional webinars.
- Ongoing: engage community partners to expand awareness and availability of ESML groups and programs, particularly beyond Puget Sound area.

**Challenge:** Beyond Puget Sound, lack of capacity in partners to increase community awareness and in communities to begin or sustain programs. May require additional funding to support development.

**Project Team:** Lynne Korte, Marigrace Becker, Cayce Cheairs, Jan Higman, Cathy Knight, Bob Le Roy, Kenna Little, Christina Marnaris, Cheryl Townsend-Winter

□ **Recommendation 4.F.1:** Identify and engage leaders and organizations of diverse populations to explore needs for education and support.

□ **Recommendation 4.G.1:** Engage tribal representatives to explore the needs of tribal families caring for people with dementia to develop culturally relevant supports and services.

#### **Year End Accomplishments 2018**

- Created and distributed “Dear Tribal” letter, identified tribal points-of-contact and developed set of outreach questions in 2016. Initiated outreach, beginning with Native Americans, with a plan to then focus on African American and Hispanic.
- Attained feedback from tribal representatives in the Title VI program, and through conversations and written input to surveys at tribal events.
- Engaged full DAC in September 2018 to discuss how to best address health disparities within entirety of AD Plan implementation.

**Status:** Ongoing

#### **2019 Timeline:**

- April – September: Identify naturally occurring meetings and contacts for discussion of dementia, and initiate contacts within tribal, African American and Hispanic communities
- September: Identify plan to address health disparities and cultural sensitivity as AD Plan implementation proceeds

**Challenge:** Doing this type of outreach and relationship building takes significant planning, linking and in-person relationship building. This will be an ongoing process and need to involve all subcommittees.

**Project Team:** Bob LeRoy, Aziz Aladin, Emma Medicine White Crow, Marietta Bobba, Yolanda Lovato, Karen Winston, Shelly Zylstra

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□ **Recommendation 4.H.3:** Educate professionals working with families of people with younger-onset Alzheimer’s, including those in the developmental disabilities system, about the special challenges, issues and resources available for support.

#### **Year End Accomplishments 2018:**

- The Developmental Disabilities Council partnered with Developmental Disabilities Administration, the Alzheimer’s Association, AL TSA and others to sponsor a forum at the SeaTac Conference Center on Intellectual/Developmental Disabilities and Dementia featuring national experts Drs. Seth Keller and Matt Janicki.
- Part-time DAC staff hired to provide support for this and related recommendations.

**Status:** Ongoing

### 2019 Timeline:

- January - March: Determine how to best use new DAC part-time staff position to move this work forward
- March – June: Develop work plan related to AD plan recommendations focused on this population

**Project Team:** Ed Holen/Aziz Aladin, Kim Boon, Linda Gil, Shannon Manion

## Goal 5: Identify dementia early and provide dementia-capable evidence-based health care

☑ **Recommendation 5.A.1:** Convene an expert panel to identify and endorse a set of evidence-based standards for diagnosis, treatment, supportive care and advance planning for people with dementia.

☑ **Recommendation 5.A.1:** Request and encourage the Dr. Robert Bree Collaborative to address cognitive impairment and dementia care.

### Year End Accomplishments 2017:

- Engaged the Dr. Robert Bree Collaborative in 2016 as the optimal venue through which to convene an expert panel to identify/endorse guidelines.
- DAC members identified potential content experts for the Bree dementia workgroup which convened between January and October, populated by several members of the DAC as well as other local, state and national experts in dementia care.
- The [Bree Alzheimer's Disease and Other Dementias Report and Recommendations](#) was finalized and submitted to the Health Care Authority in November 2018
- Also developed a Clinical Provider Practice Tool that echoes and refers back to the Bree Report, available at: <https://www.dshs.wa.gov/altsa/dementia-action-collaborative>



**Status:** COMPLETED

**Project Team:** Lead: Kris Rhoads Members: Amanda Avalos, Nancy Isenberg, Lynne Korte, Bruce Smith

**☐ Recommendation 5.B.1:** Encourage regular screening of cognitive status for older adults in primary care settings, considering cognitive status as a ‘vital sign’, similar to tracking blood pressure in heart disease.

**Year End Accomplishment 2018:**

- 21 provider and community presentations related to dissemination and provider/system education around screening, case detection and other recommendations outlined in Bree document.
- Integration of screening into a 3-hour dementia in primary care Continuing Medical Education conducted by Barak Gaster, MD at the UW.

**Status:** Ongoing

**2019 Timeline:**

- January & Ongoing: Dissemination and implementation.

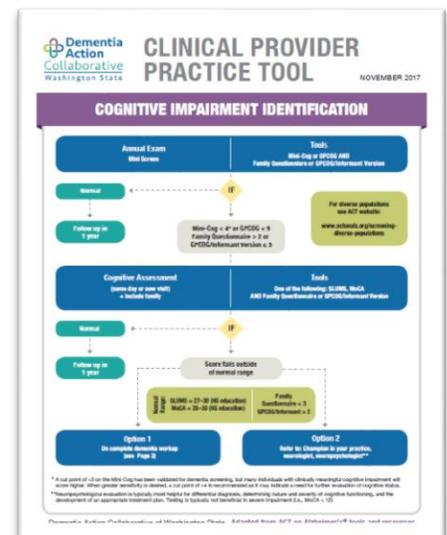
**Challenges:** Increasing impact and reaching a broader audience. Identification of organizational champions to move implementation work.

**Project Team:** Kris Rhoads, Lynne Korte, Nancy Isenberg, Tatiana Sadak

**☑ Recommendation 5.B.2:** Identify/recommend several validated, brief cognitive screening tools.

**Year End Accomplishments 2017:**

- Completed a literature review on available screening measures, review of practice parameters and recommendations, best practice models and some preliminary examination of current practice parameters in 2016.
- Completed a position paper entitled [Brief Cognitive Screening Tools for Primary Care Practice](#) outlining recommended tools, clinical pathways and opportunities for screening.
- Developed a graphic/flow chart that outlines clinical pathways and tools for screening, diagnosis and support to individuals and families throughout the process. This Clinical Provider Practice Tool, available at: <https://www.dshs.wa.gov/altsa/dementia-action-collaborative>



**Status:** COMPLETED

**Challenges:** Dissemination and implementation in medical systems as well as more rural practices will take additional resources.

**Project Team:** Team lead: Kris Rhoads Members: Nancy Isenberg, Lynne Korte

**□ Recommendation 5.B.3:** Promote timely assessment and disclosure of cognitive impairment and/or diagnosis of dementia through the identification of a diagnostic pathway for use in primary care settings.

**Year End Accomplishment 2018:**

- 21 provider presentations disseminating the Bree recommendations, screening paper, and Clinical Provider Practice Tool.
- Initial formulation and visioning of a telemedicine program (ECHO Dementia) for enhanced dissemination and practice transformation, presented to the JLEC and included as part of the funding proposal.

**Status:** Ongoing

**2019 Timeline:**

- January & Ongoing: Dissemination and implementation.

**Challenges:** Identification of organizational champions to move implementation work, increasing reach and impact.

**Project Team:** Kris Rhoads, Lynne Korte, Nancy Isenberg, Tatiana Sadak, Bruce Smith

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**□ Recommendation 5.E.1:** Promote understanding and effective utilization of (a) Medicare Annual Wellness Visit (MAWV) which includes objective cognitive assessment/screening; and (b) Complex care management (CCM) codes for care coordination services, and advance care planning codes for individuals at end of life.

**Year End Accomplishments 2018:**

- 21 provider and community presentations related to dissemination and provider/system education around implementing the visit, opportunity for screening and case detection, billing codes and other recommendations outlined in Bree document.
- Ongoing work at multiple health care systems to increase uptake and implementation of the MAWV and referral pathways, including at the UW Medical Center, Harborview, Virginia Mason Medical Center, and Kaiser Permanente.
- Improved understanding around billing codes and documentation needs
- Preliminary data around utilization rates across the state as well as different organizations

**Status:** Ongoing

**2019 Timeline:**

- January - March: Clear objective numbers around utilization rates.
- January - December: Provider and systems education events
- May - July: creation of a provider educational video
- September - December: formulation of faculty, content and test sites for ECHO Dementia

**Project Team:** Lead: Kris Rhoads Team: Leslie Emerick, Charissa Fotinos, Tatiana Sadak, Lynne Korte

**Recommendation 5.E.2:** Advocate for the development of, and promote use of billing codes and reimbursement for care that improves the health and lives of older adults.

**Year End Accomplishments 2018:**

- Dissemination of finalized billing code information in the Bree recommendations
- Identification of best practices and information graphics from Alzheimer’s Association and related organizations

**Status:** Ongoing

**2019 Timeline:**

- January & Ongoing: Data collection around current utilization practice, practice change

**Challenges:** Getting data from state level and individual organizations around current billing practices.

**Project Team:** Kris Rhoads, Nancy Isenberg

**Goal 6: Ensure dementia-capable long-term services and support are available in the setting of choice**

**Recommendation 6.A.1:** DDA, AL TSA, HCA, and DOH should each designate an Alzheimer’s program coordinator to improve communication and collaboration among these agencies.

**Year End Accomplishments 2018:**

- DAC advocates requested and received funding through budget proviso for part-time staff at each of the above agencies.
- The above agencies subsequently hired staff who will work to work with one another, the DAC program manager and the DAC Chair and Subcommittee Chairs to:
  - 1) Integrate goals and objectives related to dementia into agency strategic plans
  - 2) Identify recommendations in their respective areas which could be implemented through heightened collaboration and existing resources
  - 3) Identify high-value recommendations and related funding requirements for upcoming biennial budgets
  - 4) Coordinate the work of implementing the selected recommendations.

**Status:** COMPLETED

**Project Team:** Alzheimer’s Association, AARP, W4A, Senior Lobby

**Recommendation 6.A.2:** Identify and promote existing models of care coordination services for individuals living in the community and their family caregivers, such as Health Homes, geriatric care managers, and Alzheimer’s Association Care Navigators.

**Year End Accomplishments 2017:**

- Developed consensus on what is meant by care coordination, and completed an inventory detailing existing care coordination resources.
- Compiled document summarizing care coordination models to be referenced moving forward.

**Status:** COMPLETED

**Ongoing Work:**

- Promote care coordination models within existing resources as possible.

**Project Team:** Lead: Leigh Beth Merrick; Members: Susan Engels, John Ficker, Jullie Gray, Maureen Linehan, Mary Lynn Pannen, Mimi Pattison

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**Recommendation 6.C.1:** Enhance Dementia Specialty Training available to LTSS workers for all settings.

**Year End Accomplishments 2017:**

- After working with stakeholders to garner input, AL TSA finalized an enhanced Dementia Specialty Training in 2016.
- Rolled out new training to residential long-term care settings.

**Status:** COMPLETED

**Project Team:** Lorrie Mahar, Angela Regensburg (AL TSA staff)

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**Recommendation 6.D.2:** Identify tools and strategies to more effectively coordinate current systems and seek federal funding opportunities to help meet the costs of financing care, such as the Medicaid Transformation Waiver.

**Year End Accomplishments 2017:**

- Health Care Authority (HCA), Aging and Long Term Support Administration (AL TSA) and Area Agencies on Aging (AAAs) worked together, and with Centers for Medicare and Medicaid (CMS), to plan processes and procedures that support implementation of a new Medicaid Transformation Demonstration, a federally funded project that assists older adults, including

those living with dementia, by financing long term supports and services that help them to live at home.

- Launched 2 new programs – Medicaid Alternative Care and Tailored Supports for Older Adults which offer a wide range of services and supports such as housekeeping and errands, specialized medical equipment, training opportunities, adult day services, support groups and counseling as a new alternative to traditional services for Medicaid recipients over 55 and to a new eligibility group of those older adults at risk of spending down to Medicaid.
- Employed an outreach campaign to raise awareness among families about these new programs.

**Status:** In process (5 year demonstration)

**Ongoing Work:**

- Promote awareness about these new programs for long-term supports and services.
- Evaluate outcomes of this demonstration to document return on investment.

**Project Team:** Bea Rector, Susan Engels, Kim Boon/Adrienne Cotton, AAA directors and staff

## Goal 7: Promote innovation and research related to causes of and effective interventions for dementia

**□ Recommendation 7.B.1:** Identify organizations/institutions in WA involved in providing dementia related psychosocial and medical services, and connect them with AD research to promote research awareness and strategic alliances.

**Year End Accomplishment 2018:**

- Continued compilation of state/local/regional research efforts.

**Status:** In process

**2019 Timeline:**

- January - March: Determine next action steps.
- September: planning for a statewide research symposium to be held in early 2020 (Rec 7C3)

**Ongoing Work:**

- Follow through with current agency contacts, and determine best method for keeping this list up-to-date.
- Connecting healthcare providers with research opportunity information

**Greatest Challenge:** Identifying research organizations outside University of Washington system or those indicated on the Alzheimer’s Association Trial Match platform.

**Project Team:** Suman Jayadev, Carolyn Parsey, Jamie Teuteburg

□ **Recommendation 7.C.1:** Educate the public, including people with cognitive impairment, on the availability, purpose, and value of research and encourage participation in a broad spectrum of dementia research (i.e., research on finding a cure, prevention, improving the quality of life for individuals and caregivers).

**Year End Accomplishment 2018:**

- Ongoing partnership with UW Alzheimer’s Disease Research Center, VA, Alzheimer’s Association and WSU colleagues to complete over 30 community talks, social media and presentations around Alzheimer’s research.

**Status:** In process

**2019 Timeline:**

- January - March: Determine next action steps around archiving a publically available repository of video and slide presentations.
- January - September: Enhance partnerships with Institute for Translational Health Sciences to support dissemination and assessment of impact, particularly within underserved populations
- September: planning for a statewide research symposium to be held in early 2020

**Ongoing Work:**

- Increase connectivity with community stakeholders and representative organizations from underserved populations
- Improve connections with media, social media and other visible outlets
- Improve ability to reach the public through other medical providers and systems

**Greatest Challenge:** Increasing impact beyond the audience present. Measuring impact of community education events and presentations in terms of interest and willingness to participate in research.

**Project Team:** Suman Jayadev, Kris Rhoads

## For more information on DAC activities and products:

Go to the DAC webpage: <https://www.dshs.wa.gov/altsa/stakeholders/alzheimers-state-plan>

## With Appreciation

The Dementia Action Collaborative would like to express gratitude to the Joint Legislative Executive Committee on Aging and Disability (JLEC) for their support, and to our many partner organizations and project team members – this work could not happen without this collective dedication, expertise and talent.